

ANNUAL

Progressive services in Mental Health

1st April 2021 – 31st March 2022

NI Charity Commission No. NIC 100956

Company No. IP346 Charity No. XN91835



MANAGEMENT COMMITTEE

MEMBERS

Dr Philip McGarry (Chair)

Mr Anthony Harbinson (Vice-Chair)

Dr Raman Kapur MBE

Mr Robert Lamrock

Prof. Michael Donnelly

Mr Tony Price

Ms Catriona Loughran

Prof. Jim Campbell

ARC COMMITTEE

Mr Tony Price

Mr Anthony Harbinson

Mr Robert Lamrock

Ms Catriona Loughran

Dr Raman Kapur MBE

PROFESSIONAL PRACTICES COMMITTEE

Prof. Michael Donnelly

Dr Brent Thompson

Dr Lorna Montgomery

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CHAIRPERSON'S FOREWARD

s the pandemic has eased over the past year, Threshold has continued to respond flexibly to the ever changing external environment. Our primary focus – as always – is the wellbeing of the severely mentally ill, and our residential facilities and community

services have continued to provide care at the highest level.

Our occupancy rates have remained very high over the last few years, which is a clear expression of the confidence in which we are held by our key referring agents, the mental health professionals in the local Trusts. Our close working relationships with the psychiatrists and community mental health teams is an essential ingredient of our therapeutic model.

I would like to pay particular tribute to our staff, at management level and in our care settings, whose dedicated work ever since the start of the pandemic has been exceptional. We work with a potentially vulnerable population, but the thoroughness of our workers' efforts meant that our facilities remained largely Covid free.

This annual report shows that Threshold has managed its resources carefully and effectively during a period of relatively static funding. Our main funder continues to be the



NI Housing Executive through its 'Supporting People' programme, and we value the strong relationship which has been built up over the years.

We are also grateful to the Belfast and Northern Health and Social Care Trusts, as well as our housing partners, Choice. Ark and Radius.

I would like to thank the members of the Board who contribute so much of their time and energy, and bring to bear their expertise across a range of areas.

I would also like to thank my predecessor as Chair, Gillian Robinson, and our long serving members Lady Elizabeth Bloomfield and Geraldine Bunting, all of whom have stepped down from the Board.

At the time of writing, the future remains unsettled. However there is no doubt that there will be an increasing need to provide high quality care for the severely mentally ill in community settings. Threshold, with its history of providing exceptional care based upon therapeutic community principles, is well placed to remain an important component of mental health care in N.Ireland.'

Dr Philip McGarry Chair

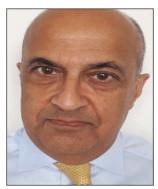
CHIEF EXECUTIVE'S WELCOME

nce again, welcome to our 21 – 22 Annual Report. As with all of Northern Ireland and globally, this year has been dominated by Covid.

Our Residential and Supported Housing facilities are inevitably, more at risk from the pandemic because of their

group living. It is a tribute to all of the staff in Threshold that we only had one outbreak of Covid and this was well contained and managed within the particular service at that time. The infection controls and professional work of all of the staff in Threshold (from administration right through to our services) has been exemplary and importantly strengthened our relationships with our two main commissioners, Supporting People and the Trusts (BHSCT & NHSCT).

Despite the pandemic, our occupancy levels are good along with the strong uptake continuing for our Floating Support service. Our three partner Housing Associations, also worked well with us over this difficult time and we hope to start the refurbishment of Dumbarton House in the 2022/23 coming years.



External inspections from RQIA and Supporting People have continued at 'arm's length', however, we continue to work hard to meet these standards

During this past year we have expanded membership of our Management Board and I would like to welcome our

three new members, coming at a time of change and with challenging issues presenting themselves, they have joined us at a very trying time.

So, a big thank you to all our staff who have worked steadily and diligently throughout these difficult times, to all our Board members (old and new) who have quietly overseen these events unfolding.

I must also say thank you to our Housing Partners ARK, Choice and Radius for their continuous service.

To Supporting People (NIHE) who have worked very closely with us throughout this pandemic, offering us support and assistance at every step.

Raman Kapur MBE
Chief Executive

ACCOUNTS

RICHMOND FELLOWSHIP (NI) LTD: Statement of financial activities (incorporating the income and expenditure account). Year ended March 31, 2022

	Total funds 2022 (£)	Total funds 2021 (£)
INCOME FROM		
Investments	20,861	16,678
Income from charitable activities		
Grants and contracts	2,361,914	2,260,452
Total income	2,382,775	2,277,130
EXPENDITURE ON		
Raising funds	6,639	5,551
Charitable activities	2,331,505	2,198,605
Total resources expended	2,338,144	2,204,156
Net gains / (losses) on investments	101,322	260,120
Net income / (expenditure)	145,953	333,094
Transfers between funds		
Net movement in funds	145,953	333,094
RECONCILIATION OF FUNDS		
Total funds brought forward	2,255,633	1,922,539
Total funds carried forward	2,401,586	2,255,633

RICHMOND FELLOWSHIP (NI) LTD: Balance sheet

Year ended March 31, 2022

	2022 (£)	2021 (£)
FIXED ASSETS		
Tangible fixed assets	126,068	109,537
Investments	1,503,053	1,387,704
Total	1,629,121	1,497,241
CURRENT ASSETS		
Debtors	153,151	86,643
Cash at bank and in hand	836,651	851,195
Total	989,802	937,838
CURRENT LIABILITIES		
Creditors due within a year	(217,316)	(179,425)
NET CURRENT ASSETS	772,486	758,413
NET ASSETS	2,401,607	2,255,654
THE FUNDS TO THE CHARITY		
Share capital	21	21
Restricted funds	1,445,085	1,414,676
Unrestricted funds	956,501	840,957
TOTAL FUNDS	2,401,607	2,255,654

AN OVERVIEW OF OUR SERVICES

Threshold has now been delivering mental health services to people in Northern Ireland since 1990. During that time we have expanded from one residential unit to seven, developed a research department, training department and Floating Support Services. Funding for our residential services has changed over the years. with some units only being able to take clients for a period of two years (requirement of Supporting People Funding). We have a turnover of just over £2m, employ around 70 staff and offer services to around 130 adults and the elderly with severe mental illness.

Research Department

We pride ourselves that the services we provide make a difference to those that receive them. We regularly collect data from our clients which we collate and analyse to ensure that what we do makes a difference to their well-being and their lives. We feel very strongly about the work we do and value highly the importance of research; being able to identify what works and what doesn't and actively challenging long held beliefs about mental illness.

1. Clearwater House (14 beds)

Established around 25 years ago, Clearwater House has embedded itself into the community of north Belfast. Catering for age groups 18 years plus, the staff strive hard to provide a comfortable homely environment to clients suffering from mental ill health. Referrals are made through Health Care Managers, Social Workers, CPN's and Psychiatrists.

2. Belgravia Terrace (11 beds)

Based just off the lower Lisburn Road, Belgravia Terrace is our only unit in south Belfast. Part of an Edwardian terrace, the unit has been completely refurbished inside and provides excellent up to date facilities for our residents. The age group ranges from 18 years upwards and referrals are made through Health Care Managers, Social Workers, CPN's and Psychiatrists.

3. Dumbarton House (12 beds)

A beautiful detached house on Somerton Road in North Belfast, Dumbarton's genteel interior is home to our older and oldest residents, some of whom have been with us since we opened in 1990. Referrals are made through Health Care Managers, Social Workers, CPN's and Psychiatrists.

4. Glencarn House (14 beds)

This was our first 'new build' residential unit in Glengormley, Newtownabbey. A purpose built residential unit where staff provide and maintain a homely, safe environment for its residents. The age group is from 18 plus years and referrals are made through Health Care Managers, Social Workers, CPN's and Psychiatrists.

5. Glendun House, Portrush (14 beds) This is our only residential unit on the north Antrim Coast at Portrush. This

AN OVERVIEW OF OUR SERVICES

new purpose built unit was opened seven years ago and comprises 14 self-contained flats, with a communal area for staff and residents. This caters for those recovering from mental ill health but who are able to live semi-independently, with the support of our staff. The age group is from 18 plus years and referrals are made through Health Care Managers, Social Workers, CPN's and Psychiatrists.

6. No. 3 Brookhill Avenue (8 flats)

Based in north Belfast beside Clearwater House, this project contains 8 self -contained flats and caters for those who can live semi-independently with help and support from staff. The age group is from 18 plus years and referrals are made through Health Care Managers, Social Workers, CPN's and Psychiatrists.

7. Sophia House, Glengormley (16 beds)

This new unit has 16 self- contained flats with communal facilities for residents and staff. Again it is aimed at those who have recovered sufficiently from mental illness to lead semi-independent lives with the help and support of our staff. The age group is from 18+ years and referrals are made through Health Care Managers, Social Workers, CPN's and Psychiatrists.

8. Floating Support Service (out-patient service)

Our Floating Support service was set up with funding from Supporting People

(NIHE) with the intention of providing support to people suffering from various mental ill health problems while remaining in their own homes. Visiting clients once or twice weekly they offer assistance on a regular and consistent basis which can help to reduce feelings of isolation and depression and hopefully lessen admission to hospital.

9. Community Flats (Five self-contained units)

Three self-contained flats are based beside Belgravia Terrace in South Belfast and two bungalows are contained in the grounds of Dumbarton House in North Belfast. This accommodation offers people with severe mental illness their own independent accommodation with support.

10. Training

We believe that training staff to understand at least some of the trauma associated with mental health enables. them to understand and help our residents in a much better way. We have a comprehensive training programme to include statutory (required trainings) and other training which focuses specifically on the way we work within our residential homes. We also ensure all non-professionally qualified staff are trained to QCF Level 3 in Care. Adhering to standards as set by the Regulation & Quality Improvement Authority (RQIA) and N.I. Social Care Council (NISCC).

RESIDENTIAL SERVICES

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bernie.ross@threshold-services.co.uk.

www.threshold-services.co.uk

1. Clearwater House

5-7 Brookhill Avenue

BELFAST BT14 6BS

Tel: 028 9087 2233

Email: clearwater@threshold-services.co.uk

2. Dumbarton House

79 Somerton Road

BELFAST BT15 4GD

Tel: 028 9087 2121

Email: dumbarton@threshold-services.co.uk

3. Glencarn House

388 Antrim Road, Glengormley

Co.Antrim, BT36 5EJ Tel: 028 9087 9191

Email: glencarn@threshold-services.co.uk

SUPPORTED HOUSING PROJECTS

4. Belgravia Terrace

9 Belgravia Avenue

Lisburn Road

BELFAST, BT9 7BJ

Tel: 028 9066 8308

Email: belgravia@threshold-services.co.uk

5. Glendun House

2 Eglinton Lane

Portrush

Co Antrim, BT56 8DJ

Tel: 028 7082 1111

Email: glendun@threshold-services.co.uk

6. Sophia House

363 – 365 Antrim Road Glengormley, BT36 5EB

Co Antrim

Tel: 028 9087 9393

Email: sophia@threshold-services.co.uk

7. Threshold Community Flats

No.7 (8 flats)

3 Brookhill Avenue

BELFAST, BT14 6BS

Tel: 028 9087 2255

Email: flatmgt@threshold-services.co.uk

Dumbarton Bungalows (2 bungalows)

79a/b Somerton Road Belfast, BT15 4GD

Callaghan Court (3 flats)

Belgravia Avenue Belfast, BT9 7BJ

8. Outreach Services

Floating Support Service

3 Brookhill Avenue

BELFAST

BT15 6BS

Tel: 028 9087 2255

Email: floatingsupport@threshold-

services.co.uk



CONTACT:

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